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Iowa State Authors Contribute To Better Living In America

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Iowa State Authors Contribute To Better Living In America

Mrs. Mary B. Welch, wife of the first college president, compiled a 300-page cook book in 1884. Since then faculty members of Iowa State's Division of Home Economics, through their published articles and books, have been an influence for better living all over America.

Members of the faculty who are specialists in their fields have written not only text books for use in many college classes, but have written books of vital interest to any homemaker, especially if she has never had the chance to enroll in a college home economics course. Since 1944 many books on timely homemaking material have been published.

From Infancy to Adolescence

Such a book is "Living With Children," written by Dr. Gertrude Chittenden of the Department of Child Development. Published in 1944, it presents the basic principles of child development so necessary to wise adult guidance of children. It shows what goes on in the mind, emotions and body of the child at each age from infancy to adolescence. The book brings in the special social problems which the child faces at each age.

Dr. Mary S. Lyle, of the Department of Education, has written an advanced work, "Adult Education for Democracy in Family Life," also published in 1944. The book is a study of democracy in the home life of a rural community and the way in which adult education can broaden it. Miss Lyle made an intensive study

of one rural community in Iowa to confirm her belief that adult education programs could develop increased democracy in daily living.

Two of the most popular books on campus are "When You Marry" and "Marriage and the Family." They have been rapidly growing in reader interest since the arrival of Dr. Reuben Hill at Iowa State. Dr. Hill and Howard Becker, professor of sociology at the University of Wisconsin, compiled the information for "Marriage and the Family" from the contributions of 27 specialists. They published it in 1942. In it they combine the better features of both a preparation for marriage course and a "traditional" family course, thus making the traditional course more scientific.

"When You Marry," published in 1945, was written in a popular style by Dr. Hill and Evelyn Mills Duvall, executive secretary of the National Conference of Family Relations. The focus is on the person who is thinking seriously of marriage. It takes up the questions he actually asks, beginning with the part which personality plays in the choosing of a mate and ending with the problems of the childless marriage.

Food Techniques

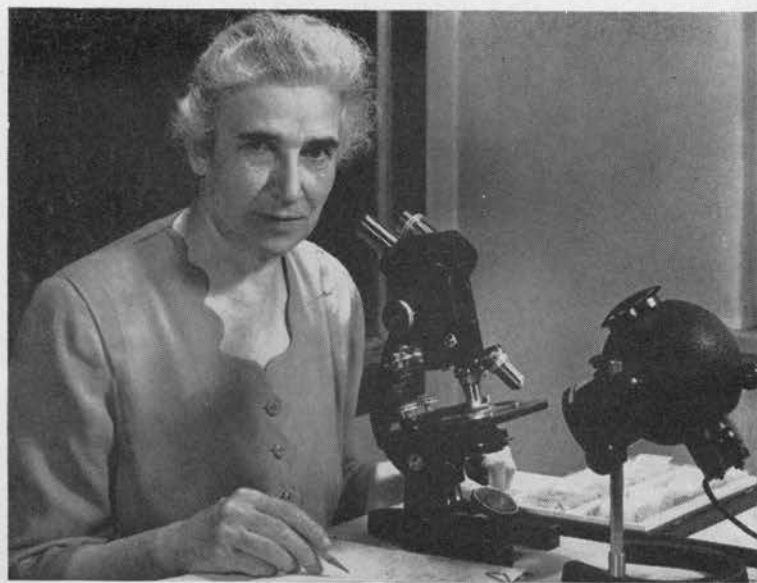
Among the newer textbooks in the Department of Foods and Nutrition are the "Laboratory Outline for Nutrition and Dietetics," written by Mrs. E. F. Brown and published in 1944, "Essentials of Food Preparation" by Madge Miller and M. B. Barnhart, who was then on the staff of the Department of Foods and Nutrition, in 1945, and the third edition of "Food Preparation Principles and Procedures" by Dr. P. Mabel Nelson and Dr. Elizabeth Sutherland, head of the Department of Home Economics at Iowa State Teacher's College.

The third edition of Lenore M. Sullivan's famous Quantity Recipe File of 445 cards was published in 1944 by the Department of Institution Management.

Fundamentals of Design

One of the latest revised editions is "Art Education for Daily Living," which was completed in 1946 by Mable Russell of the Department of Applied Art, and Elsie Nelson Gwynne, formerly of the Department of Home Economics Education. A revision of "Art Training Through Problems," it continues in its work of teaching the fundamentals of design as applied to home and clothing.

Other popular textbooks in use by home economics students are "Management in Family Living," first published in 1942, by Dr. Paulena Nickell, head of the Department of Home Management and "Household Equipment," by Dr. Louise Peet, head of the Department of Household Equipment, and first published in 1934, with several editions following.



"Experimental Cookery," by Prof. Belle Lowe, of the Department of Foods and Nutrition, is currently running in its third edition. The textbook is used by many college home economics departments throughout the country.